

# 2011-2012 Nutrition Services Information

**Mission Statement:** To provide nutritious meals which meet the needs of the student's academic and physical well-being.

## Meal Prices for **SECONDARY** Students

Breakfast Reduced Price \$ .30 Breakfast Full Price \$1.10 Lunch Reduced Price \$ .40 Lunch Full Price \$2.50

### Payment Options

**\*CHECKS** – Please make checks payable to **Springfield Public Schools**. Please ensure that your check has your phone number on it and include your students name and ID # in the memo section. You may use the \*Meal Pay Plus website to monitor your child's balance and activity without a fee if you send money to school. You will just need to set-up an account with your child's ID number. See Information below.

**\*MEAL PAY PLUS** – This is an on-line pre-payment option which accepts MasterCard and Visa credit cards or you may pay by electronic debit from your checking or savings account. Money applied to your account is usually available within 24 hours. You can set up your account at [springfieldpublicschoolsmo.org](http://springfieldpublicschoolsmo.org), then go to \*Nutrition Services, \*Payment Options, \*Step by Step Account Set-up OR \*Meal Pay Plus Website. You will need your Student/Staff ID to complete account set-up. There is a FAQ section that explains adding additional students, low balance notification, the difference between meal/general/bonus accounts and purchase history. **Meal Pay Plus** charges a 4.75 % fee per on-line payment transaction for this convenience. You may add money to multiple students accounts during one transaction.

**\*FREE & REDUCED MEAL INFORMATION** – Applications for free/reduced meals will be mailed to every household. In addition you will have the option of filling out and submitting an application on-line after Aug. 15<sup>th</sup>. This is a much faster option for enrolled students with an average response time of 48 hours. Just go to [springfieldpublicschoolsmo.org](http://springfieldpublicschoolsmo.org), \*Nutrition Services (in the left column), and then click the link for the **Free/Reduced applications**. If you need further assistance please contact either Jeff Barnes at 523-1104 / [jbbarnes@spsmail.org](mailto:jbbarnes@spsmail.org) or Joyce Lancaster at 523-1101 / [jlancaster@spsmail.org](mailto:jlancaster@spsmail.org) .

### What is a Meal?

Springfield Public Schools follow the guidelines established by the USDA for school lunches using the offer vs. serve system. This allows children more food choices.

**Secondary Breakfast** – MUST include a minimum of 3 of the 4 following Choices:

- \*1-Breakfast entrée
- \*1-Toast / Potato
- \*1-Fruit / Juice
- \*1-Milk

**Middle School Lunch** - MUST include \*1 Entrée Choice and a minimum of 2 of the following:

- \*1-Vegetable Choice
- \*1-Fruit Choice
- \*1-Salad / Bonus
- \*1-Milk

(\*Student may also choose 1 of each item for a total of 5 items)

\*Middle School Lunch Entrée Options Include: Hot Entrée Choice, Pizza, Deli Sub, Garden Fresh Salad

**High School Lunch** - MUST include \*1 Entrée Choice and a minimum of 2 of the following:

- \*1-Vegetable Choice
- \*1-Fruit Choice or Juice Carton
- \*1-Salad / Bonus
- \*1-Milk

(\*Student may also choose 1 of each item for a total of 5 items)

\*High School Lunch Entrée Options Include Items from: "The Main Course", "The Deli", "The Grill", "The Pizzeria", "The Greens" & "The Tortilla".

**\* Did you know...If your child is eligible for Free/Reduced Lunch they are ALSO eligible for Free/Reduced Breakfast! Make sure your child starts their day off right with a good breakfast.**

### Ala Carte Items

In addition to our meal options above we do offer our Secondary Students ala carte items like yogurt, fresh fruits, specialty salads, wraps and bottled drinks that range in price from \$ .25 to \$2.50. This is where pricing can become confusing for our incoming 6<sup>th</sup> & 9<sup>th</sup> graders. We do post pricing for all items and want to make this transition as easy as possible for everyone. Monthly menus are located at [springfieldpublicschoolsmo.org](http://springfieldpublicschoolsmo.org).

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