

FOOD friends FUN February 2012

COOL * CAF MENU

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

		1 EGGS & SAUSAGE Lasagna w/ Texas Toast Mini Corn Dogs Chef Salad Broccoli w/ Cheese Baby Carrots w/ Ranch Juice Bar Salad	2 PANCAKES Salisbury Steak w/ Gravy & Roll Sub Sandwich Sweet Potatoes Green Beans Fresh Orange Salad	3 BISCUIT & GRAVY Pepperoni Pizza Hot Ham & Cheese on Bagel Peas Salad w/ Dressing Peaches Pudding
6 OATMEAL W/GOLDFISH GRAHAMS Mini Ravioli w/ Texas Tst. Cheeseburger Chef Salad Steamed Carrots Green Beans Pineapple Salad	7 FRENCH TST. STICKS W/SAUSAGE Hard Shell Beef Tacos BBQ Riblet Sandwich Golden Corn Refried Beans w/ Chz. Fresh Fruit Salad	8 HAM & EGGS Chili w/ Crackers & Chz. Breaded Chicken Sand. Chef Salad Potato Rounds Baby Carrots w/ Ranch Applesauce Salad	9 SAUSAGE/EGG/CHZ BISCUIT Chicken Nuggets w/ Roll Chili Cheese Corn Dog Peas & Carrots Mashed Potatoes/Gravy Fresh Orange Salad	10 BISCUIT & GRAVY Cheese Pizza Fish Sandwich w/Cheese Broccoli w/ Cheese Salad w/ Dressing Peas Jello
13 SAUSAGE/EGG/CHZ BISCUIT Chicken Nuggets w/ Roll Hamburger Chef Salad Steamed Carrots Broccoli w/ Cheese Jello Applesauce Salad	14 BREAKFAST PIZZA Taco Stack Hot Ham & Cheese on Bagel Spanish Rice Celery Sticks w/ P.B. Fresh Fruit Salad	15 HAM & EGGS Mac&Cheese w/ Smokies Deli Box Chef Salad Golden Corn Baby Carrots w/ Ranch Juice Bar Salad	16 WAFFLES W/SAUSAGE Breaded Steak w/ Roll Hot Dog Mashed Potatoes/Gravy Green Beans Fresh Orange Salad	17 No School 
20 No School 	21 PANCAKES W/SAUSAGE Chkn. Fajita Soft Taco Corn Dog Refried Beans w/ Chz. Celery Sticks w/ P.B. Fresh Fruit Salad	22 YOGURT PARFAIT W/ 1/2 BAGEL Dinosaur Pasta w/Tx Tst. Cheeseburger Chef Salad Green Beans Baby Carrots w/ Ranch Jello Applesauce Salad	23 BREAKFAST STICK Tomato Soup w/Half Cheese Sandwich Breaded Chicken Sand. Broccoli w/ Cheese Potato Rounds Fresh Orange Salad	24 BISCUIT & GRAVY Pepperoni Pizza Enchilada w/Sauce Spanish Rice Salad w/ Dressing Peaches Pudding
27 CAN.BC/N/EGG/CHZ BISCUIT Mini Ravioli w/ Texas Tst. Cheeseburger Chef Salad Steamed Carrots Broccoli w/ Cheese Applesauce Salad	28 WAFFLES W/SAUSAGE Taco Stack Mozzarella Cheese Sand. Spanish Rice Celery Sticks w/ P.B. Fresh Fruit Salad	29 EGGS & SAUSAGE Chkn Nuggets w/ Roll Pig Tail Chef Salad Peas Baby Carrots w/ Ranch Pineapple Salad	Sweet Let's Eat!!! Breakfast: \$1.10 and Reduced is \$0.30 Lunch: \$2.25 and Reduced is \$0.40	

Check this out... Breakfast Includes:
 Entrée Choice, Fruit Choice, and Milk
Plus:
Mon/Wed/Fri Potato
Tue & Thu Toast & Jelly
Fresh Fruit Everyday!!
Lunch Includes:
 Entrée Choice, Vegetable Choice, Fruit Choice, and Milk
Plus:
Bonus Items
Mon - Thu Garden Salad with Dressing
Friday Pudding, Jello or Cookie

Mission: "To provide nutritious meals which meet the needs of students' academic and physical well-being."



Job Opportunity:
 Looking for Flexibility? PT or FT Hours? Holidays and summers off? Come work for Springfield Public Schools Nutrition Services Department! Jobs available in: Management, Meal Preparation, Cashier, and More! To apply, go to: www.springfieldpublicschoolsmo.org or Call Michelle at 523-1106

Menus are subject to change without notice.

