



2012

January

COOL*CAF MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<p>Check this out...</p> <p>Breakfast Includes:</p> <p>Entrée Choice, Fruit Choice, and Milk</p> <p>Plus:</p> <p>Mon/Wed/Fri Potato</p> <p>Tue & Thu Toast & Jelly</p> <p>Fresh Fruit Everyday!!</p> <p>Lunch Includes:</p> <p>Entrée Choice, Vegetable Choice, Fruit Choice, and Milk</p> <p>Plus:</p> <p>Bonus Items</p> <p>Mon - Thu Garden Salad with Dressing</p> <p>Friday Pudding, Jello or Cookie</p>
<p>2 No School</p> 	<p>3 FRENCH TST. STICKS W/SAUSAGE Hard Shell Beef Tacos Hot Dog Golden Corn Refried Beans w/ Chz. Fresh Fruit Vegetable Choice</p>	<p>4 HAM & EGGS Chili w/ Crackers & Chz. Breaded Chicken Sand. Potato Rounds Baby Carrots w/ Ranch Applesauce Vegetable Choice</p>	<p>5 SAUSAGE, EGG, & CHZ BISCUIT Chicken Nuggets w/ Roll Chili Cheese Corn Dog Peas & Carrots Mashed Potatoes/Gravy Fresh Orange Salad</p>	<p>6 BISCUIT & GRAVY Pepperoni Pizza Fish Sandwich w/Cheese Broccoli w/ Cheese Salad w/ Dressing Pears Jello</p>	
<p>9 SAUSAGE, EGG, & CHZ BISCUIT Chicken Nuggets w/ Roll Hamburger Chef Salad Steamed Carrots Broccoli w/ Cheese Jello Applesauce Salad</p>	<p>10 BREAKFAST PIZZA Taco Stack Hot Ham & Cheese on Bagel Spanish Rice Celery Sticks w/ P.B. Fresh Fruit Salad</p>	<p>11 EGGS & SAUSAGE Mac&Cheese w/ Smokies Deli Box Chef Salad Golden Corn Baby Carrots w/ Ranch Juice Bar Salad</p>	<p>12 WAFFLES W/SAUSAGE Chicken Baked Steak w/ Roll Hot Dog Mashed Potatoes/Gravy Green Beans Fresh Orange Salad</p>	<p>13 No School</p> 	
<p>16 Martin Luther King Jr. Day</p>	<p>17 PANCAKES W/SAUSAGE Chkn. Fajita Soft Taco Corn Dog Refried Beans w/ Chz. Celery Sticks w/ P.B. Fresh Fruit Salad</p>	<p>18 YOGURT PARFAIT W/ 1/2 BAGEL Dinosaur Pasta w/Tx Tst. Cheeseburger Chef Salad Green Beans Baby Carrots w/ Ranch Jello Applesauce Salad</p>	<p>19 BREAKFAST STICK Deli Box Breaded Chicken Sand. Broccoli w/ Cheese Potato Rounds Fresh Orange Salad</p>	<p>20 BISCUIT & GRAVY Pepperoni Pizza Enchilada w/Sauce Spanish Rice Salad w/ Dressing Peaches Pudding</p>	
<p>23 CAN, BCN, EGG, & CHZ BISCUIT Mini Ravioli w/ Texas Tst. Cheeseburger Chef Salad Steamed Carrots Broccoli w/ Cheese Applesauce Salad</p>	<p>24 WAFFLES W/SAUSAGE Taco Stack Mozzarella Cheese Sand. Spanish Rice Celery Sticks w/ P.B. Fresh Fruit Salad</p>	<p>25 EGGS & SAUSAGE Chkn Nuggets w/ Roll Pig Tail Chef Salad Peas Baby Carrots w/ Ranch Pineapple Salad</p>	<p>26 HAM SCRAMBLER W/BISCUIT Chili Frito Pie Meatball Sub Green Beans Golden Corn Fresh Orange Salad</p>	<p>27 BISCUIT & GRAVY Cheese Pizza Toasted Turkey & Chz. Baked Beans Salad w/ Dressing Mandarin Oranges Jello</p>	
<p>30 BREAKFAST STICK Shrimp Poppers w/ Garlic Noodles Breaded Chicken Sand. Chef Salad Steamed Spinach Golden Corn Jello Applesauce</p>	<p>31 "B2G" Beef Soft Taco Hamburger Refried Beans w/ Chz. Celery Sticks w/ P.B. Fresh Fruit Salad</p>		<p>Sweet Let's Eat!!!</p> <p>Breakfast: \$1.10 and Reduced is \$0.30</p> <p>Lunch: \$2.25 and Reduced is \$0.40</p>		

Mission: "To provide nutritious meals which meet the needs of students' academic and physical well-being."



Note to Parents:
 Breakfast fuels the brain and body to think hard and succeed in school! If your child qualifies for Free or Reduced Breakfast, they also qualify for Free or Reduced Lunch! Reduced breakfast is only \$0.30 and regular breakfast is only \$1.10. See the side of this menu for all that breakfast includes.

Menus are subject to change without notice.

