






# 2012 January

## HIGH SCHOOL U.B.U. LOUNGE MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<p><b>What's Happening at U.B.U...</b></p> <p style="color: blue; font-weight: bold;">Healthy Breakfast Choices Everyday</p> <p style="color: green; font-weight: bold;">Lunch... THE MAIN COURSE</p> <p style="color: green; font-weight: bold;">THE DELI</p> <p style="color: green; font-weight: bold;">THE GRILL</p> <p style="color: green; font-weight: bold;">THE TORTILLA</p> <p style="color: green; font-weight: bold;">THE PIZZERIA</p> <p style="color: blue; font-weight: bold;">Also Offered:</p> <p style="color: green; font-weight: bold;">Fresh Fruit</p> <p style="color: green; font-weight: bold;">Milk &amp; Juice Variety</p> <p style="color: green; font-weight: bold;">Garden Salad w/ Dressing</p> <p style="color: green; font-weight: bold;">Pudding or Jello</p> <p style="color: green; font-weight: bold;">Many A La Carte Selections</p>
<p><b>2 No School</b></p> 	<p><b>3</b></p> <p style="color: blue; font-weight: bold;"><u>"B2G"</u></p> <p>Pasta Bar Breaded Chkn. Sand. Broccoli w/ Cheese Potato Choice Fresh Fruit</p>	<p><b>4</b></p> <p style="color: blue; font-weight: bold;"><u>BREAKFAST BURRITO</u></p> <p>Chicken Baked Steak w/ Roll Pigtail Celery w/ PB Mashed Potatoes/Gravy Fresh Fruit</p>	<p><b>5</b></p> <p style="color: blue; font-weight: bold;"><u>CINNAMON ROLLS</u></p> <p>Oriental Bar w/ Kung Fu Rice Fish Sandwich w/ Chz. Peas &amp; Carrots Potato Rounds Fresh Fruit</p>	<p><b>6</b></p> <p style="color: blue; font-weight: bold;"><u>SAUSAGE, EGG &amp; CHEESE BISCUIT</u></p> <p>Mini Ravioli w/ Texas Toast "Spirit Burger" Green Beans RF Doritos Fresh Fruit</p>	
<p><b>9</b></p> <p style="color: blue; font-weight: bold;"><u>YOGURT "L2G"</u></p> <p>Corn Dog Carrots w/ Ranch Mashed Potatoes/Gravy Fresh Fruit</p>	<p><b>10</b></p> <p style="color: blue; font-weight: bold;"><u>PANCAKES &amp; SAUSAGE</u></p> <p>Pasta Bar Ultimate Cheese Toaster Broccoli w/ Cheese Potato Choice Fresh Fruit</p>	<p><b>11</b></p> <p style="color: blue; font-weight: bold;"><u>BREAKFAST BURRITO</u></p> <p>Coney Dog Spicy Chicken Sandwich Celery w/ PB Potato Rounds Fresh Fruit</p>	<p><b>12</b></p> <p style="color: blue; font-weight: bold;"><u>CINNAMON ROLLS</u></p> <p>Oriental Bar w/ Kung Fu Rice Chicken Bkd. Steak Sand. Steamed Carrots Steamed Spinach Fresh Fruit</p>	<p><b>13 No School</b></p> 	
<p><b>16</b></p> <p style="color: blue; font-weight: bold;">Martin Luther King Jr. Day</p>	<p><b>17</b></p> <p style="color: blue; font-weight: bold;"><u>BREAKFAST PIZZA</u></p> <p>Pasta Bar Chicken Bkd. Steak Sand. Broccoli w/ Cheese Potato Choice Fresh Fruit</p>	<p><b>18</b></p> <p style="color: blue; font-weight: bold;"><u>EGG, CHZ. &amp; SAUSAGE QUESADILLA</u></p> <p>Mac &amp; Cheese w/ Smokies Fish Sandwich w/ Chz. Celery w/ PB Potato Rounds Fresh Fruit</p>	<p><b>19</b></p> <p style="color: blue; font-weight: bold;"><u>CINNAMON ROLLS</u></p> <p>Oriental Bar w/ Kung Fu Rice Spicy Chicken Sandwich Green Beans Peas Fresh Fruit</p>	<p><b>20</b></p> <p style="color: blue; font-weight: bold;"><u>SAUSAGE, EGG &amp; CHEESE BISCUIT</u></p> <p>Chicken Pot Pie w/ Biscuit "Spirit Burger" Steamed Spinach RF Doritos Fresh Fruit</p>	
<p><b>23</b></p> <p style="color: blue; font-weight: bold;"><u>PANCAKES &amp; SAUSAGE "L2G"</u></p> <p>Breaded Chkn. Sand. Carrots w/ Ranch Mashed Potatoes/Gravy Fresh Fruit</p>	<p><b>24</b></p> <p style="color: blue; font-weight: bold;"><u>OMLETE BAKE</u></p> <p>Pasta Bar Ultimate Cheese Toaster Broccoli w/ Cheese Potato Choice Fresh Fruit</p>	<p><b>25</b></p> <p style="color: blue; font-weight: bold;"><u>BREAKFAST BURRITO</u></p> <p>Chili Frito Pie Chicken Club Celery w/ PB Potato Rounds Fresh Fruit</p>	<p><b>26</b></p> <p style="color: blue; font-weight: bold;"><u>CINNAMON ROLLS</u></p> <p>Oriental Bar w/ Kung Fu Rice Chili Cheese Corn Dog Green Beans Steamed Carrots Fresh Fruit</p>	<p><b>27</b></p> <p style="color: blue; font-weight: bold;"><u>HAM, EGG, &amp; CHEESE BAGEL</u></p> <p>Popcorn Chicken w/ Roll "Spirit Burger" Peas RF Doritos Fresh Fruit</p>	
<p><b>30</b></p> <p style="color: blue; font-weight: bold;"><u>YOGURT</u></p> <p>Shrimp Poppers w/ Noodles Spicy Chicken Sandwich Carrots w/ Ranch Golden Corn Fresh Fruit</p>	<p><b>31</b></p> <p style="color: blue; font-weight: bold;"><u>FRENCH TOAST STICKS W/ SAUSAGE</u></p> <p>Pasta Bar Chicken Bkd. Steak Sand. Broccoli w/ Cheese Potato Choice Fresh Fruit</p>		<p style="color: blue; font-weight: bold;"><u>Meal Prices</u></p> <p style="color: blue; font-weight: bold; font-size: 1.2em;">Breakfast \$1.10 &amp; Reduced is \$.30</p> <p style="color: green; font-weight: bold; font-size: 1.2em;">Lunch \$2.50 &amp; Reduced is \$0.40</p>		

Mission: "To provide nutritious meals which meet the needs of students' academic and physical well-being."



Note to Parents:

Breakfast fuels the brain and body to think hard and succeed in school! If your child qualifies for Free or Reduced Lunch, they also qualify for Free or Reduced Breakfast! Reduced breakfast is only \$0.30 and regular breakfast is only \$1.10.

Menus are subject to change without notice.

